



SAUER HEALTH CARE

QUALITY AND COMFORT, TOGETHER

Sauer Health Care | 1635 W Service Drive | 507-454-5540 | www.sauerhealthcare.org

Dear Residents, Families, and Friends,

We are excited to share that our renovation and expansion project remains on schedule, with construction expected to begin in November! This is an important milestone for Sauer Health Care and the beginning of many exciting improvements to our home.

As part of the renovation, every resident room will be remodeled at some point during the project. Improvements will include new windows, new flooring, updated closets, and remodeled bathrooms, along with other enhancements throughout the building.

Because construction cannot safely take place while a resident is occupying a room, every resident will need to temporarily move to another room at some point during the renovation process. We understand that moving, even temporarily, can be disruptive, and our team will work closely with residents and families to make each transition as smooth and comfortable as possible. We will provide communication and advance notice as individual rooms are scheduled for renovation.

Please also be aware that room assignments may change following construction. The overall layout of the building will be slightly different once the project is complete, and some existing rooms will no longer be part of the new floor plan. Our team will carefully coordinate room assignments as we move through each phase of construction.

There will undoubtedly be some temporary inconveniences along the way, but these improvements are an investment in the future of Sauer Health Care and will create a more comfortable, updated, and welcoming environment for our residents, families, and staff.

We appreciate your patience, flexibility, and support as we prepare for this exciting next chapter. Please feel free to reach out to me by phone, email, or in person at any time if you have questions or concerns about the upcoming construction. We look forward to sharing more updates as we get closer to breaking ground in November!

Sincerely,

Jessi Muras, BHA, RN, LNHA
Administrator

hello



Welcome Caitlyn, our new Social Services Coordinator, to the team! Caitlyn graduated from Winona State University with a degree in Public Health. Caitlyn is originally from a small town in Northwest MN. She enjoys reading and taking walks. Feel free to stop by and introduce yourself or ask questions! Welcome to the team Caitlyn!



As we welcome September, I would like to take a moment to wish all of our residents and their families a wonderful start to the fall season. September brings cooler days, beautiful changes in nature, and opportunities to enjoy meaningful moments together. As your Human Resources Manager, I am grateful for the dedicated team members who come to work each day with compassion, kindness, and a commitment to providing the best possible care for our residents. We look forward to a month filled with engaging activities, warm visits from loved ones, and plenty of opportunities to celebrate the people who make our community special. Thank you to our residents and families for allowing us to be part of your lives—we are truly grateful to have you as part of our facility family. Here's to a happy, healthy, and memorable September!

Colton Terry – HR Manager

As September begins, I would like to share some bittersweet news that my last day at Sauer Health Care will be September 7th. Since joining Sauer in February of 2023, it has been a genuine privilege to serve our residents along with their families. My time at Sauer has been deeply meaningful, and I am grateful for the trust placed in me and for the opportunity to support so many individuals throughout their care journeys. I sincerely hope that my assistance, even in the smallest way, has helped make difficult moments a little easier and the heavy days a little lighter. Serving the community here at Sauer has been an experience that I will always value, and I leave with great respect and appreciation for the residents, families, and staff, as well as complete confidence that Sauer will continue providing compassionate support and doing meaningful work for those it serves.

Baillie Riter, MSW, LSW – Social Worker

As fall arrives, our nursing team remains focused on keeping our residents comfortable, healthy, and safe throughout the changing season. To keep the residents safe, we will begin doing flu shots for our residents come early October. Cooler temperatures and seasonal changes can affect routines, hydration, skin health, and overall wellness, so we continue to monitor each resident closely and provide individualized care. We also encourage families to enjoy the season with their loved ones through visits, cozy activities, and plenty of warm autumn memories! Please reach out to me if there are concerns with your loved one and their flu shot.

Ashley Seppa, RN – Quality Nurse Manager

For September, our Therapeutic Recreation calendar has more live music from Mark Christianson and Bruce Greenwood. We will be making our way back to Zesto's for one last Ice Cream outing before the end of the season. September also marks the beginning of Fall themed programming with a trip to Ecker's Apple Farm, an Apple Tasting Social, and a Scenic Drive to see the changing colors towards the end of the month. Our Recreational Therapy Team is looking forward to a festive Fall season full of engaging activities!

Aron Welch – TR Manager



September Events

9/1: Resident Council

9/3: Music & B-Day Party w/
Mark C.

9/9: Winona Family Restaurant
Order-In (\$)

9/11: Shopping @ Walmart (\$)

9/15: Zesto's Ice Cream
Outing (\$)

9/16: Ecker's Apple Farm
Outing (\$)

9/22: Apple Tasting Social
(First Day of Fall)

9/25: Scenic Drive

9/29: Happy Hour w/Live Music
by Bruce Greenwood



*We ♥ our
Volunteers*



**SAUER
HEALTH
CARE**

Volunteers **NEEDED**



We're looking for caring community members who would like to volunteer and help our residents participate in activities and events!

Whether it's lending a helping hand, sharing a conversation, joining in a game, or simply providing encouragement, your time can make activities even more meaningful and enjoyable for our residents.

**INTERESTED?
APPLY:**

www.sauerhealthcare.org
or reach out to
awelch@sauerhealthcare.org

Help Build the Next Chapter of Sauer Health Care

For 60 Years, You've Been Part of Our Story.

Now, you can help shape our future.

Since opening our doors in 1966, Sauer Health Care has been honored to care for generations of families in our community. As a 501(c)(3) nonprofit organization, every dollar we receive is reinvested directly into improving the care, comfort, and quality of life of those we serve.

Today, we're embarking on an exciting renovation and expansion project that will ensure Sauer Health Care continues providing exceptional skilled nursing care for generations to come.



Ways to Give

✓ Make a secure online donation by scanning the QR code on this page.

✓ Visit our website:

www.sauerhealthcare.org/donation

✓ Mail a check payable to:

Sauer Health Care

Attn: Capital Campaign

1635 West Service Drive

Winona, MN 55987



DONATE NOW!



Sauer Health Care is a 501(c)(3) nonprofit organization. Donations may be tax-deductible as allowed by law.