



Sauer Health Care
Bringing Quality and Comfort Together

Sauer Health Care | 1635 W Service Drive | 507-454-5540 | www.sauerhealthcare.org

OCTOBER

Dear Residents, Families, and Friends,

As the crisp autumn air settles in and the leaves begin to change, October reminds us of the beauty in transition and the importance of community. I hope this season brings you both comfort and inspiration.

Reminder, the state will be making the transition to PDPM from RUGs in October for assessments which determine your rate. Please see anyone in the business office or myself if you have any questions about this change.

This month, we have several events and updates to share. I encourage you to take part in the activities planned—it's a wonderful way to connect with neighbors and celebrate the season together. We will be opening up our annual Trick-or-Treating event to families of residents and staff as well as community members. Please join us on October 31st at 4pm for a spooktacular good time!

As always, our team is here to support you. Please don't hesitate to reach out with any questions, concerns, or suggestions. Your feedback helps us continue to make our community a safe, welcoming, and enjoyable place to live.

Wishing you a cozy and joyful October!

Jessi Muras
Administrator



Residents, staff and visitors are encouraged to wear pink on Friday, October 10th in honor of Breast Cancer Awareness Month.



Family Council

We will be hosting our next family council meeting on **Thursday, October 16th at 4:00 pm** in the Chapel. Stop in to learn more about what's happening at Sauer! If you have any questions, please contact Bailie in Social Services at (507) 494-6282. We hope to see you there!

October Events

10/8: Winona Family Restaurant Order-In (\$)

10/9: Birthday Party & Music w/ Joe C

10/10: Wear Pink for Breast Cancer Awareness Month

10/13: Shopping @ Walmart (\$)

10/16: Music w/ Mark C.

10/19: Vikings Tailgate Party

10/22: A&W Order-In (\$)

10/24: Fall Scenic Drive

10/28: Halloween Decorations Drive

10/30: Music w/ Colby T.

10/31: Halloween



Our residents are excited to welcome trick-or-treaters on October 31st at 4:00 pm. The residents will be set up in the West Solarium, so please enter through the West Parking Lot doors. If you would like to donate to this event, please contact Shelby in Therapeutic Recreation. We are excited to see everyone's smiles and costumes!



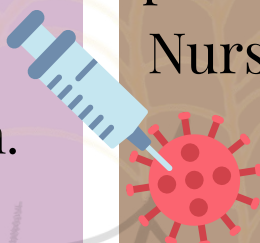
This month, Vital Research will be at Sauer Health Care to complete our resident satisfaction interviews.

Family members will be mailed a survey to complete.

This information is very important to our success, and we hope you will take the time to complete the survey. Residents who wish to not participate can contact Shelby in Therapeutic Recreation.

Flu season is approaching quickly! To protect our residents, we will be offering the flu shot to all residents.

This will be done room to room on **Wednesday, October 15th**. If you have any questions, please reach out to our Quality Nurse Manager, Ashley at (507) 494-6288.



Sauer Health Care Recreation Programs

2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:00 Eucharist/ Communion Service (FLC) - C 3:00 Root Beer Float Social - M 2:30 Ice Cream Social - M 3:30 St. Martin's Church Service-C	11:00 Visits w/ Gracie 2:30 Farkle-M 4:00 Media Cart 6:30 Write Word Game-E 10:30 Morning Exercise-W <i>Shopping @ Walmart (\$)</i> 2:30 Farkle-M 4:00 Media Cart 6:30 Piano w/ Carol-E	10:00 Bible Study-C 2:30 Resident Council-C 4:00 Would You Rather?-E 6:30 Steal the Bacon Dice Game-E 10:00 Bible Study-C 11:00 Support Group-W 2:30 Happy Hour-M 4:00 Chicken Soup Stories -E 6:30 Skeleton Dice Game- M 10:00 Bible Study-C 2:30 Pumpkin Cookie Decorating-M 4:00 Remembering Hay Rides-E 6:30 Bingo-M	10:30 Tovertafel-W Cookie Cart 2:30 Camping Bingo-M 4:00 Remember When-E 10:30 Morning Exercise-W <i>Winona Family Restaurant Order-In (\$)</i> Cookie Cart 2:30 Leaf Bingo-M 4:00 What Am I?-E 10:30 Morning Exercise-W 2:30 Home Bingo-M 4:00 Can You Picture This?-E 10:30 Morning Exercise-W <i>A&W Order-In (\$)</i> Cookie Cart 2:30 Bingo-M 4:00 Shake Loose the Truth-E	10:00 Rosary-C Nail Time 10:30 Morning Exercise-W 2:30 Roll a Pumpkin-E 4:00 Relaxing Ambiance <i>Channel 16.1</i> 6:30 Bingo - M 10:00 Rosary-C 10:30 Morning Exercise-W 1:30 St. Mary's Mass-C 2:30 Birthday Party & Music w/ Joe C.-E 4:00 Relaxing Ambiance <i>Channel 16.1</i> 6:30 Bingo-M 10:00 Rosary-C 10:30 Morning Exercise-W 2:30 Music w/ Mark C.-E 4:00 Relaxing Ambiance <i>Channel 16.1</i> 6:30 Bingo - M 10:00 Rosary-C 1:30 St. Mary's Communion-C 2:30 Halloween Craft-E 4:00 Relaxing Ambiance <i>Channel 16.1</i> 6:30 Music w/ Annie & Family-E 10:00 Rosary-C 10:30 St. Martin's Communion-C 2:30 Music w/ Colby T.-E 4:00 Relaxing Ambiance <i>Channel 16.1</i> 6:30 Bingo - M	10:00 Relaxing Ambiance <i>Channel 16.1</i> 2:00 Movie & Popcorn <i>Channel 16.2</i> 10:30 Tovertafel-W Glasses Cleaning 2:00 Movie & Popcorn <i>Channel 16.2</i> <i>Wear Pink Today!</i> 10:00 Nail Time 2:00 Movie & Popcorn <i>Channel 16.2</i> <i>Scenic Drive</i> Glasses Cleaning 2:30 Apple Social-M 10:00 Nail Time 2:00 Halloween Party- W 4:00 Trick-or- Treating - W <i>Happy Halloween</i>	Independent Activities 2:30 Bingo - M Independent Activities 2:30 Bingo - M Independent Activities 2:30 Bingo - M



Heidi G - 10/6
Sue W - 10/14
Sarah W - 10/31



M - Main Dining Room
C - Chapel
W - West Solarium
E - East Solarium
P - Patio