

October 2024



Sauer Health Care
Bringing Quality and Comfort Together

Sauer Health Care * 1635 West Service Drive * Winona, MN * www.sauerhealthcare.org



Celebrating October

Halloween Safety Month

**Talk About Prescriptions
Month**

Roller Skating Month

**Spinning and
Weaving Week**
October 7–13

Free Speech Week
October 21–27

**Balloons Around
the World Day**
October 1

**Blessings of the
Fishing Fleet Day**
October 6

Handbag Day
October 10

World Origami Days
October 24–November 11

National Mule Day
October 26

Checklist Day
October 30

As we embrace the beauty of this season with the colors changing, we welcome October at Sauer Health Care! This month is filled with exciting activities, opportunities for connection, and a touch of seasonal magic. School is back in full swing and with three colleges in town we welcome lots of new students to our community. We have been able to hire several new team members and want to say thank you for helping us welcome these new employees to our family. We look forward to a wonderful October filled with joy, laughter, and togetherness!

Jessi Muras, BSHA, RN, LNHA
Administrator



A message from our Quality Nurse about Flu Shots:

Flu season is approaching quickly! To protect our residents, we will be offering and administering the flu shot to all residents. I will be going around room to room on **Monday, October 7th** to administer these. As a reminder, upon all resident admission, we have the resident or activated POA sign what is called the "Influenza Immunization Consent Form". Within the consent portion, it states, "This consent will remain in place for the duration of stay at SHC unless rescinded by me." We uphold this and will always ask the resident again at time of administration if they wish to receive this, but we do not need a signed consent since the admission consent form has been signed. If there are any questions, please feel free to contact me.

Thank you!

Ashley Seppa, RN

aseppa@sauerhealthcare.org

507-494-6288

October Events and Outings

Please sign up with the TR Department for these special events. Items with \$ listed require that resident expenses be taken from their trust account. Families are encouraged to contact TR staff to sign their loved one up or place orders!

10/2 Culver's Lunch Order-In (\$)

10/8 Fall Scenic Drive

10/15 American Legion Basket Night Order-In (\$)

10/23 Hy-Vee Chinese Lunch Order-In (\$)

10/22 Winona Halloween Lights/Decorations Tour

Family Council Meeting

We will be hosting our next family council meeting on Monday, October 14th at 4pm in the Chapel. Stop in to learn more about what's happening at Sauer! If you have any specific topics that you'd like addressed at this meeting, please contact Bailie in Social Services at (507) 494-6282. We hope to see you there!



Residents, staff and visitors are encouraged to wear pink on Wednesday, October 16th for Breast Cancer Awareness



October 6th through October 12th is National Healthcare Food Service Week! Thank you to all of our dietary staff that work so hard to provide great service and keep us full and happy!

Your satisfaction is important to us!

On Friday, October 18th, Vital Research will be at Sauer Health Care completing our resident satisfaction interviews. Family members will be mailed a survey to complete around the same time. This information is very important to our success and we hope you will take the time to complete the surveys. Residents who wish not to participate can let a staff person know ahead of time by contacting Social Services. Thank you for your cooperation.

Please join us for Thanksgiving lunch on Thursday, November 28th at 11:30am! All residents are allowed two guests at no charge. Any additional guests are \$5 each. Please RSVP to Janna at:

opsdirector@sauerhealthcare.org OR 507-494-6290 by Wednesday, November 6th.

We hope to see you there!



Just a reminder from the letter that was sent out to families in August, due to rising operational costs and to ensure we can maintain the high standards you expect from us, we will be implementing an adjustment to our service rates at our hair salon. Please feel free to reach out to Janna, our Operations Director, at 507-494-6290 if you have any questions regarding these prices. We are also increasing the private room rate from \$31 per day to \$32 per day. Both of these changes will be effective October, 1st 2024.

