



# SAUER HEALTH CARE

QUALITY AND COMFORT, TOGETHER

Sauer Health Care | 1635 W Service Drive | 507-454-5540 | [www.sauerhealthcare.org](http://www.sauerhealthcare.org)



Dear Resident and Family Members,

We are happy to share that our community now offers a new, secure way to pay your bill online!

You can now view and pay your bill electronically through our online payment portal. This new option allows you to make payments from your computer, tablet, or smartphone at a time that is convenient for you. If you would like to create an online account, please contact the Business Office. Our team will send you an email invitation with simple instructions to get started. Once you log in, you will be able to make payments, view your current bill, review your payment history, set up automatic payments (AutoPay), and access additional features. Links to pay online are also available on the community's website.

We understand that security is very important, especially when making payments online. The payment portal is designed to keep your information safe at all times. It uses the same level of protection that banks and major credit card companies use. Your payment information is securely protected, and your card or bank details are never stored or shared. Every payment is processed through a secure, encrypted connection to help prevent fraud and unauthorized access.

This new online payment option is now live and ready to use. If you have any questions or would like help setting up your account, please contact myself, Leah or Shelley in the Business Office. We are happy to assist you.

Sincerely,

Jessi Muras, BHA, RN, LNHA  
Administrator





As we welcome the month of June, we are excited to enjoy the start of summer together here at our community. This month brings longer days, warmer weather, and many opportunities for connection, celebration, and outdoor activities for our residents. We would like to thank our residents, families, and staff for the kindness, support, and sense of community you continue to share each day. We encourage families to visit often and participate in upcoming events as we create meaningful memories together. From Colton, in Human Resources, I wish everyone a safe, happy, and healthy June!



Colton Terry – HR Manager



June is a popular month to come together as a community and take advantage of nice weather. This month, we will be doing this by fishing on the river, grilling out, scenic drives, going for ice cream, and using our patio space for scheduled activities. This month also brings more live music, art projects, and activities to get people moving!

Aron Welch – TR Manager

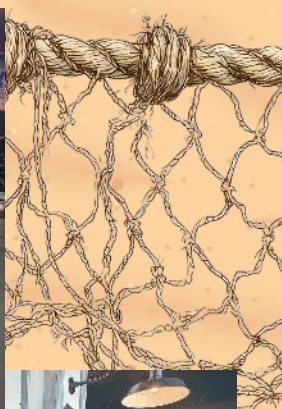


As temperatures rise during the summer months, staying hydrated becomes especially important for our residents' health and well-being. Older adults may not always feel thirsty even when their bodies need fluids, so we encourage frequent sips of water and other hydrating beverages throughout the day. Families can help by reminding loved ones to drink fluids during visits and by bringing favorite approved beverages if desired. Together, we can help everyone stay safe, comfortable, and healthy this summer.



Ashley Seppa – RN – Quality Nurse Manager





# June Events

6/2: Resident Council Meeting  
@2:30pm

6/4: Music & B-Day Party w/  
Colby T.

6/5: Shopping @ Walmart (\$)

6/9: Saxophone Performance  
– Daniel

6/10: Grill Out

6/16: Culver's Order-In (\$)

6/17: Fish & Friends

6/21: Father's Day Social

6/23: Scenic Drive

6/23: Music w/ Annie

6/26: Zesto's West

Please sign up with the TR Department for these special events. Items with (\$) listed require that resident expenses will be added to the bill. Families are encouraged to contact TR staff to sign their loved one up or place orders!

The Safety Committee would like to remind Residents, and their families that windows need to be closed at all times. If it is hot in the resident rooms the best solution is to keep the door open to allow cool air from the hallways inside the room. Another great way to get more airflow into the room is to bring in an oscillating fan. With the warmer weather expected, please make sure to keep hydrated with water, Gatorade, or Pedialyte. We hope that everyone has a happy, healthy, and safe June.



While experiencing severe weather watches, blinds are pulled down to help keep residents safe. During months with increased probability of severe weather, please keep windowsills limited to just a few items and decorations.



Sunscreen is available at any nursing station for residents who wish to spend time outside. Please encourage the use of sunscreen, even on cloudy days to help protect skin from UV rays.

